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Sacred Heart Benedictine Foundation



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WINTER AND
SPRING 2018

SACRED HEART MONASTERY ~ SUBIACO MANOR



Left to right standing: Sister Renée Branigan, Sacred Heart Benedictine Foundation; Bridgett Perry, St. Benedict's Health Center; DeEll Jordre, Camp ReCreation; Br. Michael Taffe, Assumption Abbey; Kristin Seaks, Dickinson Backpack Program; Brent Seaks, Badlands Ministries; Vanessa Ueckert, Home on the Range; Kris Fehr, Best Friends Mentoring Program; Jolene Obrigewitch, Home on the Range; Ila Perhus, Sacred Heart Benedictine Foundation. Kneeling in front: Barbi Narum, Sunrise Foundation; Claudia Wehri, CHI Health at Home; Emily Murphy, Best Friends Mentoring Program; and Tammy Hovet, Trinity Catholic Schools.

Our Collaborative Plans for the *Best Giving Day*, February 8

We are increasingly energized about our fourth Giving Hearts Day this February 8! While this event requires long-term preparation, it also gets easier the more our Southwest North Dakota Giving Hearts Day Collaborative does together (for those of you who like acronyms, SWNDGHDC—say that really fast and we will be impressed!). Planning together is a great way to try out new ideas, improve our experience, share the work and sustain our energy.

(Continued on page 2)

Our Collaborative Plans . . .

(Continued from page 1)

This year our collaborative is thirteen strong: Amen Food Pantry, Assumption Abbey, Badlands Choice Clinic, Badlands Ministries, Best Friends Mentoring Program, Camp ReCreation, CHI Health at Home – Home Health and Hospice, Dickinson Backpack Program, Home on the Range, Trinity Catholic Schools, St. Benedict's Health Center, Sunrise Foundation, and our Sacred Heart Benedictine Foundation. Geographically, we range from Richardton to Sentinel Butte and as far south as Bowman.

Several months prior to Giving Hearts Day, we gathered to set our agenda and overall plan, determining how much each member needed to put into the kitty to cover expenses. Any other income that comes to the group (for example, an award to the collaborative) goes to that account to offset expenses. Together we can afford to do more than we could if each of us worked alone.

One great advantage of working together is that we save money preparing a common postcard for mailing to potential donors. We each send our mailing lists to a common mailing service that eliminates any duplicates, so not only do we save on postage, but also potential donors will only receive one card in the mail. Those nonprofits whose mailing list is relatively small benefit especially from the merged lists, but no charity has direct access to the whole mailing list. Potential donors can become familiar with nonprofits from our area in order to plan their giving.

A second great advantage is that we can do more by sharing the work. For instance, some work on a video for YouTube, Facebook, websites, etc. to get the message out to as many folks as we can reach. Our video is entered in the VISIONBank competition for a potential monetary prize for the collaborative. Others help prepare local newspaper stories or prepare announcements on various physical message boards in local areas. Still others address various groups such as the Kiwanis, Optimists, Rotary, etc., to spread the word of Giving Hearts Day to increase individual and group donations. Those knowledgeable with online messaging, on Facebook, for instance, manage the collaborative online presence. Yet others volunteer to make direct contact with the public in setting up meetings, planning events, or making contacts with businesses who may reward those who donate on Giving Hearts Day.

On Giving Hearts Day, all of us will all gather at the West River Community Center 12:30-7:00 p.m. for the Cookie Challenge. The Cookie Challenge is a friendly competition for a trophy and bragging rights for a year. Last year's winner, Amen Food Pantry in Dickinson, has to come up with this year's "trophy." Each nonprofit will have a table in the meeting room near the front entrance of the community center with more information about their work in our part of the state. By simply donating \$10 to one or more of the charities, anyone can come in, sample cookies from each table, and then vote for their favorite cookie. There is no need to worry about the calories because you can always just go in and exercise to get back in shape!

Have a Giving Heart
Thursday, February 8, 2018

Join us for the
"Cookie Challenge"
at West River Community
Center in Dickinson, ND
12:30pm - 7:00pm

- Donate -
- Taste -
- Vote -

Southwest ND Giving Hearts Day Collaborative

AMEN Foot Pantry
Assumption Abbey
Badlands Choice Clinic
Badlands Ministries
Best Friends Mentoring Program
Camp ReCreation
CHI Health at Home - Home Health & Hospice
Dickinson Backpack Program
Home On The Range
Sacred Heart Benedictine Foundation
St. Benedict's Health Center
Sunrise Foundation
Trinity Catholic Schools

www.givingheartsdays.org

CHANGE UP!

April Showers will change into a May event you will like just as much!

Giving Hearts Day Handy Helper Digest

So what can you do to help us? We are so happy you asked!

Go to www.gatecitybank.com/givinghearts or to a local Gate City Bank office through February 2 to vote for any and all of your favorite charities because 38 lucky charities (our collaborative is not eligible, but each of our charities are) throughout the state will be randomly chosen to receive a \$2,500 gift from Gate City Bank. We are “Sacred Heart Benedictine Foundation – Richardton” in the list.

Go to www.visionbanks.com and vote for our collaborative video entitled “Giving Hearts Day February 8, 2018” (and make sure the opening slide says SW ND Collaborative). You can vote for us daily between January 29 and February 8—and vote many times a day too! The top three vote getters in this competition win prizes. You can search **YouTube** also and find it there by putting in the title exactly as above but you cannot vote there. You can boost it by “liking” and by sharing the video on your Facebook page.

Go to www.givingheartsday.org to give to any participating nonprofit, because it is a great day for charitable giving! The minimum donation is \$10. **If you prefer to donate with a check, you can send a check ahead of time, dated February 8,** and the charity can scan and send the check that day so it will count toward the online total.

The more **you** increase awareness of Giving Hearts Day, the better it is for all charities. Spreading the news is a **great** contribution to the day! Above all, please pray for the success of Giving Hearts Day for all the charities involved.



Standing: Sisters Laura Hecker, Renée Branigan, Ruth Fox, Phoebe Schwartz, Lucille Heidt, Patti Koehler, Michael Emond, and Marie Hunkler. Seated: Sisters Dolores Heidt, Paula Larson, prioress, and Kathleen Kuntz. Everyone, including Ila Perhus in the Foundation office, will have some duties on Giving Hearts Day. The only job spoken for, however, is guarding the cookies at the Cookie Challenge! If you do not make it into Dickinson for the Challenge, you can count on having cookies, coffee and conversation here at the Monastery—we are Benedictines after all!



Vistage is a group of business owners and CEOs who meet here for a day twice a year for ongoing education and discussion. They are a lively group with a great sense of humor. The first time they came thirteen years ago, they were wearing Hawaiian shirts despite the January weather being -44°.



People often remark on the quiet peacefulness of our monastery and its grounds. One of our guests took this picture on one of her outdoor walks and was kind enough to share it with us.



8969 Hwy 10
P.O. Box 364
Richardton, ND 58652

CHANGE SERVICE REQUESTED

NONPROFIT ORG
US POSTAGE
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Please help keep our mailing list current:

- New address
- Please remove my name
- Receiving more than one copy

Mission Statement: Benedictine Sisters of Richardton

We are a vibrant community of Catholic Benedictine women who strive to deepen our relationship with God and one another through sharing the spiritual and material gifts God has given to us on this prairie.

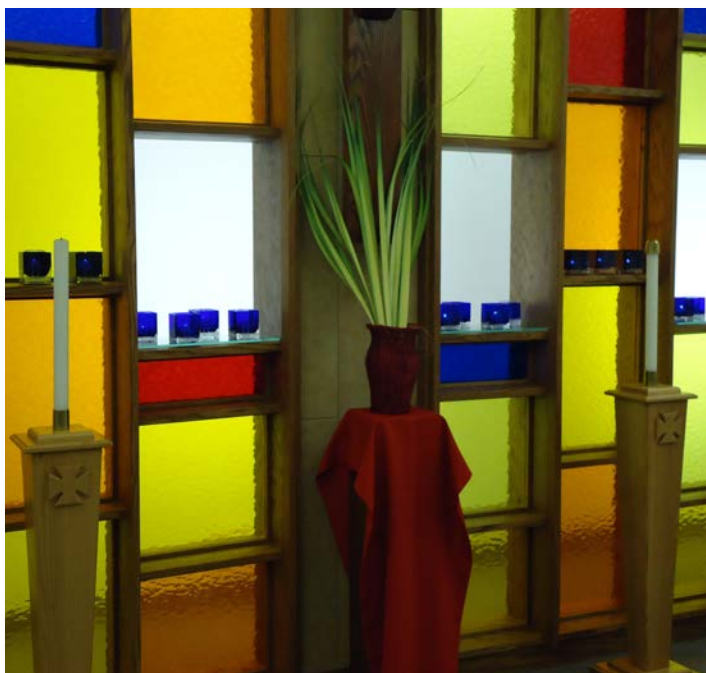
“May Christ bring us all together to everlasting life” (Rule of Benedict 72.12)


All these people were still living by faith when they died. They did not receive the things promised; they only saw them and welcomed them from a distance, admitting that they were foreigners and strangers on earth. People who say such things show that they are looking for a country of their own. If they had been thinking of the country they had left, they would have had opportunity to return. Instead, they were longing for a better country—a heavenly one. Therefore, God is not ashamed to be called their God, for he has prepared a city for them. (Hebrews 11:13-16 NIV)

In Saint Benedict’s Rule chapter 4, entitled “The Tools for Good Works,” he admonishes us “Day by day remind yourself that you are going to die.” Initially that may sound harsh and a little too direct! Yet we cannot deny the reality despite our discomfort. One hope we always hold is that others will pray for us as we have prayed for our loved ones who have died or are struggling here one earth.

We have several of our limited edition cobalt blue votive candleholders left in stock. As in the past, for a donation of \$100 or more, we will attach your intention to the base of the candleholder to set in our chapel throughout Lent until Easter Sunday 2018. Lent begins with Ash Wednesday, February 14. Every Saturday night at First Vespers we will light the candles as a visual reminder of our ongoing prayer for your intentions.

After Easter, we will send you the candleholder, artfully etched with our logo, so that you may continue to use it as an aid for your prayer. Hopefully, our logo will lead you to pray for us as well.





Name: _____

Address: _____

City: _____ State/Zip: _____

Intention to be placed on the votive candle: Limited to 36 characters.

Send to: SHBF • PO Box 364 • Richardton, ND 58652